

**Towns of
East Hampton & Southampton**

**12th Annual
East End Mental Health
Awareness Day
April 11, 2015**



**Directory of
Service Providers**

2015 Edition



The information contained herein is provided for informational purposes only. The Town of Southampton and the Town of East Hampton do not endorse any of the mental health providers listed herein, nor should this list be construed as a recommendation by the Towns to promote the services of said providers.

WHEN SHOULD YOU OR A LOVED ONE SEEK THERAPY?

When you or a loved one is experiencing stress, depression, or anxiety that interferes with your or with his/her ability to perform daily activities...consider therapy.

If you are having difficulty making decisions, getting out of bed, interacting with family members or friends, or if you are experiencing a loss of appetite, or loss of sleep... consider therapy.

If you are injuring yourself, are addicted to food or substances... therapy would be helpful.
If you are considering or have hurt or mutilated yourself... therapy is **essential!** If you have attempted suicide or are thinking about it... therapy is **essential!**

Call your doctor, one of the agencies or private practitioners listed in this brochure for an appointment.

If this is an emergency, call 911 or the Mental Health Hotline at (631) 952-3333 for immediate assistance.

MENTAL HEALTH HOTLINES

SUFFOLK COUNTY MENTAL HEALTH INFORMATION

HOTLINE & MOBILE CRISIS TEAM

631-952-3333

SAGAMORE MOBILE CRISIS TEAM

(for children up to age 18)

Monday—Friday: Intake office

631-370-1701

CPEP — Comprehensive Psychiatric
Emergency Program, Stony Brook University
Hospital (all ages)...

631-444-6364

NATIONAL SUICIDE PREVENTION LIFELINE

24 hour access

1-800-273-TALK

1-800-273-8255

TTY: 1-800-799-4TTY

1-800-799-4889

www.suicidepreventionlifeline.org

RESPONSE HOTLINE

24 hour access

631-751-7500

Free Crisis Counseling

www.responsehotline.org

CLINICS

FAMILY SERVICE LEAGUE — East End

755 Main Road, Mattituck, NY 11952

631-298-8642

328 Accabonac Rd., E. Hampton, NY 11937

631-324-3344

208 Roanoke Ave., Riverhead, NY 11901

631-369-0104

40 Main Street

Westhampton Beach, NY 11978

631-288-1954

PATCHOGUE GERIATRICS COMMUNITY Services and Referrals

631-475-7108

PECONIC CENTER

550 East Main St

Riverhead, NY 11901

631-369-1277

RIVERHEAD MENTAL HEALTH CENTER

300 Center Drive

County Center on County Road 51

Riverhead, NY 11901

631-852-1440

SYNERGY CENTER

1380 Roanoke Ave.

Riverhead, NY 11901

631-369-0022

MICA CLINICS and SERVICES
(Mental Illness & Chemical Abuse)

Family Service League

North Fork Counseling Program
755 Main Road, Mattituck, NY 11952
631-298-8642

Maryhaven PROS East

127 West Main St., Riverhead, NY 11901
631-727-4044, ext. 205

Seafield Riverhead

212 West Main St., Riverhead, NY
631-369-7800

SUBSTANCE ABUSE –ADDICTION SERVICES

Alternatives Counseling Center

291 Hampton Road, Southampton, NY
631 283-4440
540 E. Main St., Riverhead, NY, 631 369-1200

Phoenix House Outpatient Program

282 Springs Fireplace Road, PO Box 3067
East Hampton, NY 11937
631-329-0373 ext. 3
Annemarie Carangelo, MA, LMSW, Director
Email: acarangelo@phoenixhouse.org

CASE MANAGEMENT

CAMERA — Case Management, Evaluation,
Referral, & Assessment
631-853-2995

Association for Mental Health & Wellness
Formerly Clubhouse of Suffolk
Health Home Care Coordination
631-369-4418

ACT TEAM

East End Act Team, Family Service League
75 East Main St., Riverhead, NY 11901
631-284-2565

PROGRAMS

Maryhaven PROS East
127 West Main St., Riverhead, NY 11901
631-727-4044

Maryhaven Day Hab. East
240 West Main St., Riverhead, NY 11901
631-727-0710

Patchogue Geriatric Center
3 Grove Avenue, Patchogue, NY
631-475-7138

Synergy Center
1380 Roanoke Ave.
P.O. Box 1388, Riverhead, NY 11901
631-369-0022

CHILD and ADOLESCENT
PSYCHIATRIC CARE

**SAGAMORE CHILDREN'S PSYCHIATRIC
CENTER & MOBILE CRISIS TEAM**

197 Half Hollow Rd, Melville, NY 11747
631-370-1701

LIFT — Long Island Families Together, Inc.

Parent information & advocacy
193A Broadway, Amityville, NY 11701
631-264-LIFT / 631-264-5438

PEDERSON — Krag North Center

For boys 13-18
11 Route 111, Smithtown, NY 11787
631-263-3311

FAMILY SERVICE LEAGUE – East End

Mattituck — 631-298-8642
East Hampton — 631-324-3344
Riverhead — 631-369-0104

**SUFFOLK COUNTY COORDINATOR
OF CHILDREN'S SERVICES**

631-853-3107

GOVERNMENT
MENTAL HEALTH SYSTEM

**NEW YORK STATE OFFICE OF
MENTAL HEALTH**

Albany, NY
1-800-597-8481

NIMH – National Institute of Mental Health
Bethesda, MD
1-866-615-6464
www.nimh.nih.gov

NYS - OMH, Long Island Field Office
998 Crooked Hill Road, Bldg. #45
West Brentwood, NY 11717
631-761-2225

COMMUNITY MENTAL HYGIENE SERVICES

Suffolk County
North County Complex
Building C928
725 Veterans Memorial Highway
P.O. Box 6100
Hauppauge, New York 11788
631-853-3114

RIVERHEAD CLINIC

300 Center Drive
County Center on County Road 51
Riverhead, NY 11901
631-852-1440

HOSPITALS

BROOKHAVEN MEMORIAL HOSPITAL

Inpatient psychiatry, emergency evaluation,
outpatient mental health and chemical dependency
www.brookhavenhospital.org
101 Hospital Rd, Patchogue, NY 11772
Phone: 631-687-HELP

BRUNSWICK HALL

Child & adolescent psychiatric treatment ages 6+
80 Loudon Avenue, Amityville, NY
Phone: 631-789-7100

EASTERN LONG ISLAND HOSPITAL

Adult inpatient & outpatient psychiatric treatment
201 Manor Place, Greenport, NY
Phone: 631-477-1000

JOHN T. MATHER MEMORIAL HOSPITAL

Adolescent & adult inpatient psychiatric treatment
North Country Road, Port Jefferson, NY
Phone: 476-2830

PILGRIM STATE PSYCHIATRIC CENTER

Psychiatric screening, inpatient, outpatient, residential
& transitional services
998 Crooked Hill Road, W. Brentwood, NY
Intake Phone: 631-761-2559 or 631-761-3500

ST. CATHERINE OF SIENA HOSPITAL

Adults 18+ inpatient psychiatric treatment
50 Route 25A, Smithtown, NY
Phone: 631-862-3150
ER: 631-862-3111

HOSPITALS

SAGAMORE CHILDREN'S PSYCHIATRIC CENTER & MOBILE CRISIS TEAM

Inpatient (ages 10-18) and outpatient (ages 7-18) services
197 Half Hollow Road, Melville, NY 11747
Phone: 631-370-1701

STONY BROOK UNIVERSITY HOSPITAL CPEP

Emergency diagnostic evaluations, child inpatient
treatment to age 12, adult inpatient treatment, &
outpatient treatment
Nichols Road, Stony Brook, NY
CPEP Phone: 631-444-6050
Outpatient: 631-444-2570

SOUTH OAKS HOSPITAL

Inpatient for ages 5-12; 12-18; adult & geriatric
Partial hospitalization for adolescents 13-18 and
adults Outpatient for ages 5+ Vocational & educational
15 day diagnostic day treatment program

400 Sunrise Highway, Amityville, NY 11701
Phone: 631-264-4000

EMPLOYMENT SERVICES

ACCES-VR (ADULT CONTINUING CAREER EDUCATION SERVICES - VOCATIONAL REHABILITATION) FORMERLY KNOWN AS VESID

524 East Main St., Ste. 206
Riverhead, NY 11901
631-272-6927

SUFFOLK COUNTY ONE-STOP EMPLOYMENT CENTER

Suffolk County Dept. of Labor,
17 North County Complex
725 Veterans Memorial Hwy.
631-853-6775

WORKFORCE NEW YORK ONE-STOP CAREER CENTER

New York State Dept. of Labor
160 South Ocean Avenue
Patchogue, NY 11772-3719

MARYHAVEN CENTER OF HOPE WORK TRAINING PROGRAM

Member of Catholic Health Services of Long Island
County Road 101
Yaphank, NY 11980-9623
631-924-5900
www.chsali.org

HOUSING

SOCR

(State Operated Community Residence)
Water Mill, NY 11976
631-283-2645

SPOA & SPA (Single Point of Access)

631-231-3562

****NOTE:**

All applications for adult housing are
processed through SPOA

CONCERN FOR INDEPENDENT LIVING

631-758-0474

THE WAY BACK

631-928-0202

OPTIONS FOR COMMUNITY LIVING

631-361-9020

ADD (Aid to the Developmentally Disabled)

631-727-6220

COUNSELORS

GLENN S. CUYJET, NCC, LMFT, LMHC

Cuyjet Associates

50 Station Rd., Bldg. 4, Ste. 2, Watermill, NY 11968

Phone: 631-283-4999

Fax: 631-287-1035

SPECIALTY: Individual, Couple, Marriage and family, Mental health, child guidance, psychotherapy

DEGREE/TRAINING: BA, Brandeis University; MS, Long Island University; NCC National Board Certified Counselor; NYS licensed in marriage and family counseling and mental health counseling; NYS Certified Mediator; Certified in Clinical Hypnosis; Certified Qigong Instructor

LANGUAGES: English

INSURANCES: UBH and Island Group

MARY CANNON, LMHC, CSAC, CRC, MSEd.

69 Surfside Ave, PO Box 1300, Montauk, NY 11954

Phone/ Fax: 631-238-5060

Email: marycan@optonline.net

SPECIALTY: Mental Health Issues, addiction counseling, court evaluations; Practical solutions to disability problems, vocational/career counseling

DEGREE/TRAINING: Masters Early Childhood Education, Certificate in Geriatric counseling, Certified Rehabilitation Counselor, Certified Mental Health counselor, Certified Alcohol and Substance Abuse Counselor

LANGUAGES: English

COUNSELORS

DR. ALLEN L. FEIN

205 Windmill Lane, Suite A, Southampton, NY
11968

Phone: 631-283-6446 Fax: 631-283-9827

SPECIALTY: Medical Acupuncture; Family practice;
Treatment of Opioid addictions with Suboxone

DEGREE/TRAINING: NYS licensed physician; Board
Certified Diplomate; Certified in Medical
Acupuncture

LANGUAGES: English, French, and Spanish

INSURANCES: Most plans

VICTORIA A. MULVEY, LMHC, NCC

6 Evergreen Court, East Quogue, NY 11942

Phone: 631-728-5723 Fax: 631-728-5723

Email: vfmulvey@optonline.net

www.VictoriaMulvey.com

SPECIALTY: Individuals, Couples, Addiction,
Depression, Anxiety, Adult & Children issues, 12-step
programs

DEGREE/TRAINING: MS, LMHC, NCC, 30 years Al-Anon,
16 years Alateen sponsor

LANGUAGES: English

INSURANCES: Self –pay, clients may be reimbursed by
their insurance company

COUNSELORS

DIANA NASH, MA, LMHC

245 E. 58th St., #21E, New York, NY 10022

and East Hampton, NY 11937

Phone: 646-420-2277

www.cope-with-loss.com

SPECIALTY: Loss & bereavement counseling for individuals & groups; grief therapy for blended, extended, & disenfranchised family members

DEGREE/TRAINING: MA & Advanced Certificate in Counseling Psychology, NYU; Certified in Thanatology; NYS licensed Mental Health Counselor

LANGUAGES: English

INSURANCES: sliding scale fees

THERAPISTS

BOBBIE KAUFMAN, ATR-BC, LCAT

706 Noyac Road, Southampton, NY 11968

524 E. Main St., Suite. 204, Riverhead, NY 11901

Phone: 631-838-1999 Fax: 631-287-1663

www.BobbieKaufman.com

SPECIALTY: Art Psychotherapy, play therapy, child and adult survivors of sexual abuse; individual, couples and family therapy; adoption issues; domestic violence, children age 3 years +, adults, elderly

DEGREE/TRAINING: Masters of Professional Studies (Art therapy and Creative Development); Licensed creative arts therapist; co-author of two books: *Silent Screams & Hidden Cries*, and *Casualties of Childhood*.

LANGUAGES: English

INSURANCES: All that cover art therapy, Sliding scale fees, NYS Office of Victim's Services

SHERRI HALUCHA, LMFT

17 School Street, Hampton Bays, NY 11946

Phone: 631-276-5271 Fax: 631-728-5369

SPECIALTY: Individual, Family, Couples Therapy, Womens Issues, Codependency, Mood Disorders, Anxiety, Depression, Stress Management, Communication Skills, Relationship Issues

DEGREE/TRAINING: Masters Marriage and Family Therapy ; MFT, LMFT

LANGUAGES: English

INSURANCES: Contact for information

NURSE PRACTITIONERS

CATHERINE O' BRIEN, MS, NPP

Mental Health Consultation Services, PC
351 Meeting House Ln., Southampton, NY 11968
637 Veterans Highway, Smithtown, NY
Phone: (631) 283 6720
(631)-656-9761 or (631) 543-0146 Fax: 631-656-9765
Email: COBPSYCH@AOL.COM

SPECIALTY: Adults & adolescents, mental health, mood disorders, adult and adolescent ADD/ ADHD, anxiety disturbances, adjustment disorders; Schizophrenia; Pharmacologic services; Court and Motor Vehicle evaluations

DEGREE/TRAINING: New York State certified Nurse Practitioner in Psychiatry; MS, Nurse Practitioner in Psychiatry, SUNY Stony Brook; Member, American College of Forensic Examiners, Certified Mental Health & Crisis Intervention, Cert. Homeland Security Preparation & Response Teams

LANGUAGES: English

INSURANCES: Most insurances accepted

PSYCHIATRISTS

ERIC J. BARTKY, MD

149 Hampton Road
Southampton, NY 11968
Phone: 631 287-6666 Fax: 631-287-6611
Website: www.bartkyhealth.com

SPECIALTY: Children, Adolescents and Adults with ADHD, Mood Disorders, Anxiety Disorders, Autistic Spectrum/Developmental Disorders

DEGREE/TRAINING: MD, Jackson Memorial Hospital/University of Miami; Child and Adolescent Psychiatry, Columbia Presbyterian Medical Center

LANGUAGES: English and Spanish

INSURANCES: None

LEA DE FRANCISCI LIS, MD

46 Main Street, Southampton, NY 11968
Phone/Fax: (631) 204-6984
Email: leadef@gmail.com, www.mindfulkid.com

SPECIALTY: Child and Adolescent Psychiatry

DEGREE/TRAINING: M.D. , NY Medical College; BA, Dartmouth College; Fellowship, NYU Child Study Center

LANGUAGES: English

INSURANCE: Tricare and Island Group

PSYCHOLOGISTS

DIANE BROOKS, Psy. D.

587 Montauk Highway, East Moriches, NY 11940

Phone: 631-288-3584

SPECIALTY: Depression & anxiety, Cognitive Behavioral Therapy; adolescents & adults, anger management

DEGREE/TRAINING: Doctorate in Clinical Psychology, Long Island University; NYS licensed Psychologist

LANGUAGES: English

INSURANCES: Healthnet, Value Options, Empire Plan for Government Employees

MARTIN DINER, Ph.D.

1155C Bridgehampton-Sag Harbor Turnpike,

P.O. Box 578, Sag Harbor, NY 11963

Phone: 631-725-2132 Fax: 631-251-0068

MDINER@OPTONLINE.NET

SPECIALTY: Adolescent, child, family and couple therapy

DEGREE/TRAINING: Ph.D. in Clinical Psychology; MS in School Psychology; NYS licensed Psychologist

LANGUAGES: English

INSURANCES: Payable with out of network benefits

PSYCHOLOGISTS

DR. WILLIAM DiSCIPIO

Fighting Chance

P.O. Box 1358, Sag Harbor, NY 11963

Phone: 631-725-4646 Fax: 631-725-5731

www.fightingchance.org

SPECIALTY: Patient navigation & psychosocial needs
of patients & families fighting cancer

DEGREE/TRAINING: NYS licensed Doctor of
Psychology

LANGUAGES: English

INSURANCES: All services are free of charge

NEAL M GOLDSMITH, Ph.D.

210 Ferry Road, Sag Harbor NY 11963

Phone: (347) 743-1110

Email: goldsmith.neal@gmail.com,

www.nealgoldsmith.com

SPECIALTY: Transpersonal psychology;
psycho-spiritual development; drugs and youth

DEGREE/TRAINING: Ph.D., Psychology, Claremont
Graduate University; MA Counseling, New York
University, NY State Licensed Mental Health Counselor

LANGUAGES: English

INSURANCES: None

PSYCHOLOGISTS

NICHOLAS KARDARAS, Ph.D., LCSW

Village Professional Building
53480 Main Road, Southold, NY 11971
Phone: 347-528-8108
PO Box 226, Cutchogue, NY 11935
nicholaskardaras@yahoo.com

SPECIALTY: Transpersonal psychotherapy, addiction, life transitions, adolescents, individual & family therapy, bereavement

DEGREE/TRAINING: Master of Social Work, SUNY Stony Brook; NYS licensed social worker; Ph.D. in Psychology

LANGUAGES: English and Greek

INSURANCES: none

JOEL KAYE, PhD

354 Montauk Highway
Wainscott, NY 11975
PO Box 695
Wainscott, NY 11975
Phone: 917-673-4362 Fax: 631-537-1831
drjoelkaye@earthlink.net

Specialty: Mindfulness based psychotherapy, cognitive behavioral therapy, acceptance and commitment therapy

DEGREE/TRAINING: Post Doctoral Fellowships at Stanford University and Palo Alto , VA Medical Center; Ph.D. Clinical Psychology, NY State Licensed

LANGUAGES: English

INSURANCES: none

PSYCHOLOGISTS

MARY MONACO KELLER, Ed.D.

34 West Water St., Sag Harbor, NY 11963

1570 Old Country Rd., Westbury, NY 11590

Mail: 4 Oak Pl., Southampton, NY 11968

Phone: 631-259-2122 Fax: 631-488-4073

SPECIALTY: All ages, couples, mutually respectful relationships, depression, anxiety, family relationships, self-esteem, trauma & abuse recovery pain & stress management & relaxation therapy

DEGREE/TRAINING: Doctorate in Psychology, Harvard University. NYS licensed Psychologist, NYS Certified School Psychologist, NYS Certified Teacher

LANGUAGES: English and Spanish

INSURANCES: Medicare, Island Group, Original Medicaid, Workers Compensation

VALERIE KING, Ph.D.

36 Windward Road, East Hampton, NY 11937

Phone: 631-267-3282

valeriekingphd@gmail.com

www.hamptoncognitivescreening.com

SPECIALTY: Lifespan Psychological Services: Neuropsychological Evaluations, Cognitive Screening, Psycho-educational evaluations, Child, Adolescent, Family Counseling, Couples and Group Therapy, Adult Individual therapy, Allied health professional at Southampton Hospital

DEGREE/TRAINING: Ph.D. Clinical Psychology, Adelphi University, New York State Licensed Psychologist, Fielding Grad. University—Postdoctoral Certificate—Neuropsychology

LANGUAGES: English

INSURANCES: Fee for service - Invoices provided for insurance

PSYCHOLOGISTS

DR. SHARYN LAWALL

128 Sag Harbor Turnpike, Bridgehampton, NY 11932
PO Box 1026, Southold, NY 11971
P: 516-982-1111 Fax: 631-765-8512

SPECIALTY: Child & adolescent psycho educational evaluations

DEGREE/TRAINING: Psy.D. in Child/School Psychology, New York University; NYS licensed Psychologist; NYS certified School Psychologist

LANGUAGES: English

INSURANCES: None

DAVID L. MARCUS, Ph.D., LCSW

42 Roses Grove Road, Southampton, NY 11968
Phone/Fax: 631-283-5866
David.marcus@med.nyu.edu

SPECIALTY: Psychodynamic psychotherapy, adults, geriatrics, mood & anxiety disorders, depression, adjustment & personality conflicts, dealing with chronic illness; family relationships

DEGREE/ TRAINING: NYS Licensed Clinical Social Worker; MSW, New York University; PhD, University of Tennessee

LANGUAGES: English

INSURANCES: Medicare & most others

PSYCHOLOGISTS

STEPHEN MIGDEN, PHD, ABPP & ASSOCIATES SHERRY HENIG, PHD

142 Mineola Ave., Roslyn Hts., NY 11577, and offices in
Plainview and Manhattan

Phone: 516-625-0824 Fax: 516-625-0825

Email: drmigden@verizon.net

www.DrStephenMigdenandAssociates.com

SPECIALTTY: Special Needs Placement Consultation
–we assist families in locating residential and boarding
programs for a variety of psychiatric, substance abuse,
behavioral and learning problems.

DEGREE/TRAINING: Steve Migden– BA, ColumbiaU; PhD,
NYU; Post Doc Certif, Adelphi U.
Sherry Henig BA, Oberlin College; PhD, Catholic U; Post-
Doc Certif, Adelphi U

INSURANCES: NA

LICENSED SOCIAL WORKERS

BETH R. BARTH, R-LCSW

Barth Counseling
102 Laurel Lane, P.O. Box 2535, Sag Harbor, NY 11963
Phone: 631-725-8510
Email: brbarth@gmail.com

SPECIALTY: Children ADD & ADHD; Preschool,
Parenting, Families, Couples, Individuals
Marital & Aging, Supervision, Consultation

DEGREE/TRAINING: Master of Social Work degree,
R-LCSW. Med.

LANGUAGES: English and some French

INSURANCES: Most, sliding fee scale

MAGGIE BLOOMFIELD, LCSW, CASAC

10 Oak St., #3, Westhampton Beach, NY 11978
156 Fifth Avenue, NY, NY 10010
Phone: (631) 288-6394, (631) 922-2312
Fax: (631) 288-8576
Email: Blooming@optonline.net

SPECIALTY: Substance Abuse, Mood Disorders, CBT,
Trauma

DEGREE/TRAINING: MSW, Stony Brook University,
Licensed Clinical Social Worker, Certified Alcoholism
and Substance Abuse Counselor

LANGUAGES: English

INSURANCES: All

LICENSED SOCIAL WORKERS

LINDA BLUM, LCSW, BCD

137 Hampton Road, Southampton, NY 11968

Phone: 631-283-8464

Email: lblumlcsw@gmail.com

SPECIALTY: Depressive - anxiety disorders; Grief—mourning

DEGREE/TRAINING: MSW, Columbia University

LANGUAGES: English and French

INSURANCES: None

DAYLE A. BRENNER, LCSW-R

10 Oak St., Westhampton Beach, NY 11978

Phone: (516) 662-2612

Email: integrativecounselingservices.com

SPECIALTY: Relationship termination, Separation, Divorce

Degree/Training: Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: All

LICENSED SOCIAL WORKERS

MALCOLM C. DANKER, R-LCSW

706 Noyac Road, Southampton, NY 11968
Phone/Fax: 631-287-1663 & 631-838-1553
shrinkmcd@optonline.net

SPECIALTY: Adults, children, adolescents, individuals, couples, families, step-families, family therapy, stress, identity issues

DEGREE/TRAINING: Master of Social Work

LANGUAGES: English

INSURANCES: None; will complete forms for submission to companies

SUSAN DINGLE, LCSW, CASAC

53840 Main Rd. , Southold, NY 11971
Phone: 631-734-8658
susandingle@optonline.net

SPECIALTY: Anxiety, substance abuse, adult children of alcoholics

DEGREE/TRAINING: Master of Social Work SUNY Stony Brook

LANGUAGES: English

INSURANCES: out of network , Sliding Scale

LICENSED SOCIAL WORKERS

FRAN DONOVAN, R-LCSW

The Professional Building
9 No. Main Street, Suite 6, East Hampton, NY 11937
Phone: 631-329-1314 Fax: 631-324-9247
Email: frandonovan1@gmail.com
Website: www.FRANDONOVAN.com

SPECIALTY: EMDR (performance and trauma), recovery, eating disorders, addictions, PTSD, ADD, grief, anxiety, depression
Senior consultant & facilitator @ EMDR Institute & EMDRIA

DEGREE/TRAINING: Master of Social Work; National Family Mediator trained; EMDR Senior Facilitator

LANGUAGES: English

INSURANCES: out of network Vytra, Island Group, Blue Cross/ Blue Shield, and sliding scale fees

ALEXANDRA FEELY, R-LCSW

200 Pantigo Place, Suite M, East Hampton, NY 11937
Phone: 631-329-2425 Fax: 631-329-6340

SPECIALTY: Domestic Violence; Individual and couples counseling

DEGREE/TRAINING: Master of Social Work Degree; New York State Licensed Clinical Social Worker

LANGUAGES: English and fluent Spanish

INSURANCES: Medicare & sliding scale fees

LICENSED SOCIAL WORKERS

LARAINÉ D. GORDON LCSW-R

Time for Teens 631-338-7258

26 Henry Street Southampton, NY 11968

www.larainegordon.com

www.time4teens.org

SPECIALTY: Bereavement, adolescents and addictions.

DEGREE/TRAINING: BS in Psychology, MSW in Social Work. Masters of Social Work LCSW-R

LANGUAGES: English

INSURANCES: BCBS AETNA, Value Options.

BERNADETTE GILDEA, LCSW

298 Middle Road, Riverhead, NY 11901

8 Sterlington Plaza, Greenport, NY 11944

Mailing Address: P.O. Box 1812

Shelter Island, NY 11964

Phone: 631 477-3700, 631 369-1234 ext. 111

Fax: 631 369-0130

Email: Bernadettegildea@aol.com

SPECIALTIES: Individual, marriage, family,
mediation

DEGREE/TRAINING: Social Work, MSW, Divorce mediation

LANGUAGES: English

INSURANCES: Blue Cross, HIP, UBH, United Health-Care, Oxford, Cigna, Anthem, Emblem, GHI,
1199-National Local, Island Group

LICENSED SOCIAL WORKERS

SUSAN S. GRIFFIN, R-LCSW

110 Jermain Ave., P.O. Box 1551, Sag Harbor, NY
11963

Phone/Fax: 631-725-2978

susangriffin@optonline.net

SPECIALTY: Individuals over 18

DEGREE/TRAINING: Master of Social Work, New York
State Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: None

CHARLES GRECO M.A., R-CSW, BCD

586 Rt. 25A

Rocky Point, NY 11778

4 Joann Ct.

Eastport, NY 11941

Mailing Address: PO Box 32, Wading River, NY
11792

Phone: 631-929-1400

SPECIALTY: PTSD, Adolescents, Grief

DEGREE/TRAINING: MA Psychology, MSW

LANGUAGES: English

INSURANCES: Most

LICENSED SOCIAL WORKERS

NELLA HAHN, R-LCSW

500 Pleasure Drive
Riverhead, New York 11901
Phone: 631-603-8388, 212-888-2888
Fax: 631-369-9819
nelhahn@aol.com
www.hamptontherapy.com

SPECIALTY: Incest, Relationships, Anxiety,
Depression, Post-partum disorders

DEGREE/TRAINING: NYS licensed Master Social
Worker; Certificates in: Gerontology, physical fitness
for older adults, bioethics & medical humanities

LANGUAGES: English

INSURANCES: None

CHRISTOPHER HALUCHA, MSW, LCSW-R

225 W Montauk Hwy., Hampton Bays, NY 11946
Phone: 631-276-5147 Fax: 631-723-2019
Email: chalucha@yahoo.com

SPECIALTY: : Children, Adolescents, Family, Couples,
Mood Disorders, Depression, Anxiety, PTSD, Personality
Disorders, Autism Spectrum, Grief/Loss, Social Skills,
Phobias, Crisis, Addictions

DEGREE/TRAINING: Masters Degree Social work, DBT,
CBT, CISD, CISM, Addictions.

LANGAUGES: English

INSURANCES: All insurances accepted

LICENSED SOCIAL WORKERS

ELLEN HENSCHER, LCSW, CASAC

425 East 86th Street, New York, NY 10028
565 Broadway, Hastings on Hudson, NY 10706
Phone: 212-369-7885 Fax: 914-478-7978
EHENSCHER@AOL.COM
www.psychologytoday.com

SPECIALTY: Individuals, couples, addictions, depression

DEGREE/TRAINING: Master of Social Work degree; NYS licensed social worker; certified in substance abuse counseling; psychoanalytic training

LANGUAGES: English

INSURANCES: Oxford, Healthnet, United Healthcare, Aetna, 1199, Medicare, Medicaid, Cigna, Value Options

TERI KOFF, LCSW, CMC

P. O. Box 5050, East Hampton, NY 11937
Phone: 631-329-5682
www.caremanagernyc.com

SPECIALTY: Geriatrics and elder care

DEGREE/TRAINING: Master of Social Work degree, New York University; NY State Licensed Clinical Social Worker; ACSW, QCSW, DCSW; Care Manager Certification

LANGUAGES: English

INSURANCES: fee for service

LICENSED SOCIAL WORKERS

JEROME LEFF, LCSW, BCD

126 Meadowmere Lane, P.O. Box 135, Southampton,
NY 11968

Phone: 631-283-1267 Fax: 212-737-6841

SPECIALTY: Couples & psychodynamic treatment

DEGREE/TRAINING: Master of Social Work degree;
NYS Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: Oxford, Aetna, Empire

THOMAS F. LIVOTI, LCSW-R

238 Long Neck Blvd., Riverhead, NY 11901

Phone: 631-348-2754 Fax: 631-369-6180

SPECIALTY: Family & marital therapy; addictions,
co-dependency & recovery counseling

DEGREE/TRAINING: Master of Social Work; LCSW-R;
ACSW; Social Work Field Instructor; Alcohol Counselor,
South Oaks Hospital; Certified Diplomate, APA; Clinical
Pastoral Education training; Trained HIV Counselor

LANGUAGES: English

INSURANCES: Medicare, Oxford, United Healthcare,
Blue Cross/Blue Shield, HIP, Aetna, Island Group,
Tricare, Healthfirst, Vytra, MSN, Value Options

LICENSED SOCIAL WORKERS

LAURIE MARSDEN, LCSW

91 Harbor Watch Ct.

Sag Harbor, NY 11963

Phone: 631 919-5007 Fax: 631 899-3185

Email: laurie@lauriemarsden.com

SPECIALTY: Women's issues, Depression

On-line therapy program

DEGREE/TRAINING: MSW, Columbia University,
BS Columbia University, NYS Licensed Clinical Social
Worker

LANGUAGES: English

INSURANCES: None

ISABEL MELTZER, MS, LCSW-R

619 Roanoke Avenue, Riverhead, NY 11901

Phone: 631-208-9219 Fax: 631-727-6605

SPECIALTY: Equine therapy (using horses) with
individuals, couples, families and corporate groups

DEGREE/TRAINING: Masters in Education, Dowling
College; NYS Licensed Clinical Social Worker, Equine
Therapist II: Trained in equine assisted growth and
learning

LANGUAGES: English

INSURANCES: Most, except Medicaid

LICENSED SOCIAL WORKERS

KATHERINE MITCHELL, LMSW, CASAC
LORENA STRUNK, LMSW
East End Counseling LLC

3330 Noyac Rd, Bldg. D
P.O. Box 3214, Sag Harbor, NY 11963
Phone: 631-481-6550, 631-899-4575
KMitchell910@hotmail.com
Website: eastendcounselingny.com

SPECIALTY: OASAS/DMV evaluations, Psychotherapy with individuals and families, addictions; substance abuse recovery; alcohol assessments; interventions

DEGREE/TRAINING: NYS Licensed Master Social Worker; Certified Alcohol and Substance Abuse Counselor

LANGUAGES: English, French and Spanish

MOIRA MASTRO, LCSW, CASAC

13105 Main Road, Mattituck, NY 11952
PO Box 600, Mattituck, NY 11952
Phone: 631-714-2634 Fax: 631-714-2620
Website: www.northforkintegrative.com

SPECIALTY: Anxiety, Depression, Alcohol abuse, Relationship issues, Interpersonal Wellness, Life Coaching

DEGREE/TRAINING: BA Psychology. MSW

LANGUAGES: English

INSURANCES: Medicare, Island Administration Group, Antherm

LICENSED SOCIAL WORKERS

SUZANNE PARRY, LCSW

Hope Christian Counseling Center
2 South Main Street, Southampton, NY 11968
Phone/Fax: 702-2518

SPECIALTY: Addictions, mental illness, Christian Counseling

DEGREE/TRAINING: MSW; NYS Licensed Clinical Social Worker; Certified Christian Counselor

LANGUAGES: English

INSURANCES: None

SUE PENNY, LCSW-R

15 Stoney Hill Road, Sag Harbor, NY 11963
Phone/Fax: 631-725-6435

SPECIALTY: Depression, anxiety, trauma, ADD/ADHD, couples, group therapy, EMDR

DEGREE/TRAINING: NYS Licensed Clinical Social Worker; Master of Social Work degree

LANGUAGES: English

INSURANCES: Medicare and many others

LICENSED SOCIAL WORKERS

PAULA M. PETERSON, LCSW-R

Southampton, NY 11968

Phone: 631-283-6729 Fax: 631-287-6556

paula@hamptons.com

SPECIALTY: Bereavement, Couples, Individuals, Drug & alcohol addictions, Spiritual counseling

DEGREE/TRAINING: Master of Social Work; NYS Licensed Clinical Social Worker; Certified in Thanatology; Ordained Interfaith Minister

LANGUAGES: English; a little French, Spanish, & Italian

INSURANCES: none, sliding scale fees

DOREEN M QUARANTO, LCSW,RN

Director of Parish Outreach, Most Holy Trinity Church

44 Meadow Way, East Hampton, NY 11937

Phone: 631-324-0134x732 Fax: 631-329-8532

OUTREACH@MHT-EH.ORG

SPECIALTY: Family Counseling & Mediation

DEGREE/TRAINING: Master of Social Work Fordham University; Certificate in Divorce Mediation Columbia University; Family Therapy Ackerman Institute for the Family
Licensed Clinical Social Worker; Registered Nurse

LANGUAGES: English

INSURANCES: none, sliding scale fees

LICENSED SOCIAL WORKERS

MAURA B. QUEALY, LCSW-R

5 Stony Court, Hampton Bays, NY 11946

Phone/Fax: 631-728-2786

MBRIG51@yahoo.com

SPECIALTY: Hypnotherapy, anxiety & mood disorders, cognitive therapy, marital therapy, addictions, EMDR, meditation

DEGREE/TRAINING: New York State Licensed Clinical Social Worker; Certified Clinical Hypnotherapist

LANGUAGES: English

INSURANCES: Most all insurances & sliding scale fees

KARRIE ZAMPINI ROBINSON, LCSW

Fighting Chance

112 Hampton Street, P.O. Box 1358,

Sag Harbor, NY 11963

Phone: 631-725-4646

Fax: 631-725-5731

www.fightingchance.org

SPECIALTY: Oncology counseling; patient navigation, resource location; advocacy services

DEGREE/TRAINING: Master of Social Work degree; NYS licensed Social Worker

LANGUAGES: English

INSURANCES: Services are free of charge

LICENSED SOCIAL WORKERS

ELLEN RUBY, LCSW, CASAC

26 Club Lane, Sag Harbor, NY 11963

Phone/Fax: 631 725-1769

Email: ellenpruby@aol.com

SPECIALTY: Long term analytic psychotherapy;
addictions, DWI

DEGREE/TRAINING: MSW, SUNY Stonybrook U,
11 yrs. Post grad training in Modern Psychoanalysis,
Center for Modern Psychoanalytic Studies,
Manhattan

LANGUAGES: English

INSURANCES: Open to discussion

BRUCE E. SAUL, LCSW-R

222 Manor Place, Greenport, NY

1 George Fox Lane, Shelter Island, NY

PO Box 367, Shelter Island, NY 11964

Phone: 631-871-9933 Fax: 631-749-2052

www.therapist.psychologytoday.com/52570

SPECIALTY: Adolescents, young adults, adults,
couples, life transitions, relationships, depression
and anxiety

DEGREE/TRAINING: Master of Social Work degree,
New York University, NYS Licensed Clinical Social
Worker

LANGUAGES: English

INSURANCES: Medicare and out of network
reimbursement

LICENSED SOCIAL WORKERS

BEVERLY A. SCHMIDT, LCSW

439 Tuthills Ln, PO Box 2817, Aquebogue, NY 11931

195 Blue Point Ave., Bluepoint, NY 11715

Phone/Fax: 631-765-8127

Email: Bas1414@optonline.net

SPECIALTY: Individual adult psychotherapy,
Depression, Anxiety, Relationships & Codependency
issues

DEGREE/TRAINING: Master of Social Work degree;
Certified in family therapy; Certified in EMDR, BCD

LANGUAGES: English

INSURANCES: EBCBS, Cigna, Oxford, MHN
(Healthnet), Magna Care, Multiplan, Value Options,
GHI, Vytra, MDNY, United Behavioral Health, Island
Group, EAPs, & others

RANDI D. SCHNEIDER, LCSW-R

36 W. Water Street, 2nd floor, Offices at Water Street

P.O. Box 2774, Sag Harbor, NY 11963

Phone: 917-696-2766 Fax: 631-899-2535

Randischneiderlcsr@gmail.com

SPECIALTY: Relationship issues, addictions,
adolescents, depression, family therapy,
parent/child issues

DEGREE/TRAINING: Master of Social Work degree, NY
State Licensed Clinical Social Worker

LANGUAGES: English and Spanish

INSURANCES: Magellan, Aetna, Oxford, United Health
Care, Value Options, HIP, Healthfirst,
Healthnet, Empire Blue Cross, Child Health Plus, Cigna

LICENSED SOCIAL WORKERS

JOHN TUSA, LCSW

4 Long Springs Rd.

Southampton, NY 11968

Phone: 631-287-6556

Fax: 631-287-6556

JOHNTUSA@OPTONLINE.NET

SPECIALTY: Alcohol & Substance abuse, anxiety, depression, couples, family , children, teens, cognitive behavioral certified sleep counselor

DEGREE/TRAINING: Master of Social Work degree, NYS Certification

LANGUAGES: English, Italian, some Spanish

INSURANCES: sliding scale fees

BETH WHITE, LCSW, CASAC

2415 Main St,

Bridgehampton, NY 11932

Mailing Address: 20 Surrey Ct.,

East Hampton, NY 11937

Phone: 516 658-2057

Email: biwsw@yahoo.com

SPECIALTY: Family, couples, individual, substance abuse, professional burnout, trauma

DEGREE/TRAINING: MSW, Adelphi University
LCSW, Arise Interventionist, CASAC

LANGUAGES: English

Insurances: None

Why does stigma still exist?

Fear — Lack of exposure

Misunderstanding — Outside pressures

Unfortunately, the media is responsible for many of the misconceptions which persist about mental illness.

Comedians make fun of those with mental illnesses.

What have you done to lessen the stigma?

What will you do in the future to promote understanding and acceptance?

RESOURCE CENTER TO ADDRESS DISCRIMINATION AND STIGMA

www.stopstigma.samhsa.gov
1-800-540-0320

How YOU can combat stigma:

SHARE YOUR EXPERIENCES WITH MENTAL ILLNESS

*Your story can convey to others that
having a mental illness is nothing to be
embarrassed about.*

HELP PEOPLE WITH MENTAL ILLNESS REENTER SOCIETY *Support their efforts to obtain & maintain housing and jobs*

RESPOND TO FALSE STATEMENTS ABOUT MENTAL ILLNESS OR ABOUT PEOPLE WITH MENTAL ILLNESSES *Many people have incorrect and damaging ideas on the subject... accurate facts and information may help change both ideas and actions*

SUPPORT GROUPS

East End Support Groups of
NAMI-Central Suffolk
Peer Support Group
Family Support Group
Grace Presbyterian Church
1225 Montauk Highway
Water Mill, NY
Call for meeting schedule
631-728-3082

Riverhead Relatives
Tuesday 7-8:30pm
Synergy Center
1380 Roanoke Ave.
Riverhead, NY
631-226-3900

PFC Joseph Dwyer Veterans
Peer Support Group
Tuesday 7-8:30pm
@ East End Counseling PLLC
3330 Noyac Rd., Bldg. D
Sag Harbor, NY
631-899-4575

POSTPARTUM DEPRESSION **and** **PARENTING SUPPORT**

POSTPARTUM RESOURCE CENTER OF NEW YORK, Inc.

Support, education & health care referrals to NYS
women experiencing pregnancy & postpartum
Depression

Sonia Murdock, Executive Director
109 Udall Road, West Islip, NY 11795
Phone: 631-422-2255 Fax: 631-422-1643
www.postpartumNY.org

NATIONAL ASSOCIATION OF MOTHERS' CENTERS

Provides programs of support for parents to share
experiences, connect with other parents, and learn
about child development
1740 Old Jericho Turnpike, Jericho, NY 11753

DOMESTIC ABUSE SERVICES

SUFFOK COUNTY COALITION AGAINST DOMESTIC VIOLENCE

320 Carlton Ave, Ste. 8000, Central Islip, NY 11706
Safety and Support to victims of domestic violence.
Services include a 24-hour hotline, Safe Harbor shelter,
group and individual counseling for adults and
children, employment program, court and precinct
advocacy, legal services and extensive educational
services.
Hotline: 631-666-8833
Office: 631-666-7181 Fax: 631-666-9208
Website: www.sccadv.org

PARTICIPATING SERVICE PROVIDERS

"A DAY AT THE BEACH " - a fundraiser to benefit BRAIN & BEHAVIOR

ARLENE O'ROURKE , organizer, 631-728-5424

ALTERNATIVES COUNSELING CENTER

Addiction Services

See previous listing

ASSOCIATION FOR MENTAL HEALTH & WELLNESS

Formerly Clubhouse of Suffolk

939 Johnson Ave., PO Box 373

Ronkonkoma, NY 11779

631-471-7242

Offers a broad range of "state-of -the-art" rehabilitation & support services, incorporating a "best practices" psychiatric rehabilitation approach. Operates two clinic treatment programs with the "PROS" license.

ASSOCIATION FOR MENTAL HEALTH & WELLNESS HEALTH HOME CARE COORDINATION

See previous listing

ASSOCIATION FOR MENTAL HEALTH & WELLNESS

FORMERLY MENTAL HEALTH ASSOCIATION IN SUFFOLK, Inc.

Information, advocacy & referral for all mental health issues,
consumer training programs, speaker's bureau, & support groups

2000 Artic Ave., Bohemia, NY 11716

Phone: 631-226-3900 Fax: 631-225-1078

www.mhasuffolk.org

ESEPTO—EAST END SPECIAL EDUCATION PARENT TEACHER ORGANIZAION

www.eastendsepto.com

EIGHT STEPS TO BECOMING YOU

Laurie Marsden—See Previous Listing

PARTICIPATING SERVICE PROVIDERS

EAST END DISABILITIE GROUP, INC

A not for profit organization,(501c3), of local citizens dedicated to educating, representing and advocating for the equal rights of people with disabilities living on the East End of Long Island.

phone 631 324 1401

E Mail EEDGinc.org@aol.com

EAST END CLINICAL CONNECTION

631-288-1122

An organization of multidisciplinary mental health professionals

EOC—EQUAL OPPORTUNITY COMMISSION

3 West Main St., #300, Patchogue, NY

631-289-2124

Our mission is to promote a goal of self-sufficiency by broadening the minds of children, revitalizing communities and assisting families and children in need through coordination of available federal, state, local and private resources

FAMILY SERVICE LEAGUE

See Previous Listing

i-tri—Transformation through triathlon

PO Box 567, East Hampton, NY 11937

TheresaRodan@gmail.com

www.iTriGirls.org

LONG ISLAND COMMUNITIES OF PRACTICE

offers year-round inclusive educational, social and recreational programs to individuals with disabilities and their families. These programs are offered free of charge and include sporting events, exercise, exposure to the arts, social gatherings and educational program supports

www.licop.org

LONG ISLAND FAMILIES TOGETHER

See previous listing

PARTICIPATING SERVICE PROVIDERS

LONG ISLAND PARENT CENTER/TRAID

The mission of the Long Island Parent Center of the Center for Community Inclusion LIU, is to provide parents of children with disabilities, in conjunction with the professionals who service their children, with information and resources necessary to promote meaningful involvement in their children's education programs.
www.Longislandparentcenterliu.org

MARYHAVEN CENTER OF HOPE WORK TRAINING PROGRAM

See previous Listing

NAMI OF CENTRAL, East End NATIONAL ALLIANCE ON MENTAL ILLNESS

Family run support, education and advocacy groups
Ellen Tollefsen , 631-728-3082
P.O. Box 143 - Port Jefferson, NY

SEEC —SURVIVORS EMPOWERMENT EM- PLOYMENT COUNCIL

Laura Staufiger PR, peer specialist 631-730-1367
Helen Jasuta president ombudsman
10 Harrison Street, Patchogue, NY 11772

SILO — SUFFOLK INDEPENDENT LIVING ORGANIZATION. INC.

SILO works with children, adults and seniors with Disabilities to achieve their personal goals.
3680 Route 112, Coram, NY 11727 631-880-7929

SYNERGY CENTER

See previous listing

PARTICIPATING SERVICE PROVIDERS

SUFFOLK COUNTY UNITED VETERANS

Assists homeless veterans regain their dignity and independence.

32 Mill Road, Yaphank, NY 11980

631-924-8088

S:US, SERVICES FOR THE UNDERSERVED

Through housing employment, skills--building, treatment, and rehabilitation, and in partnership with the people who come to us for services, we create pathways to a rich and productive life. www.sus.org

YOUTH MENTAL HEALTH FIRST AID

[Youth Mental Health First Aid](#) to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) experiencing a mental health or addictions challenge. Anxiety, depression, substance use, disorders psychosis, disruptive behavior disorders (including AD/HD), and eating disorders.

[Debbie Caputo - debramcaputo@gmail.com](mailto:debramcaputo@gmail.com) or
[Laura Campbell - lauracamp628@aol.com](mailto:lauracamp628@aol.com).

Scholarship opportunities are available.

SOME STATISTICS....

Mental illness affects about
1 in 5 Americans...

... that's about 57 million people

About 10% of the adult population
uses mental health services of some
kind in any year

More than 2 million people are affected
by schizophrenia

Mood disorders affect nearly 18 million
adults each year



TOWN OF SOUTHAMPTON

DEPARTMENT OF COMMUNITY SERVICES

Advocacy and assistance with
social services, entitlements and some health care issues;
Community Grants, Domestic Violence Victims Advocacy,
Veterans Advisory Committee, the Disabilities Advisory
Committee and Honor Flight Long Island.

631 702-2423

Southampton Town Seniors Services

Community Centers Nutrition Programs
Community Shuttle,
Adult Day Care Programs
Residential Repair

631 728-1235

Southampton Town Youth Bureau

Providing positive youth development opportunities
and early intervention services.

631 702-2425

Southampton Town Hall

116 Hampton Road
Southampton, NY 11968
www.southamptontownny.gov



**TOWN OF EAST HAMPTON
DEPARTMENT OF HUMAN SERVICES**

128 Springs Fireplace Road
East Hampton NY 11937
Tel: 631-329-6939

REFERRAL AND CASE MANAGEMENT

Information

Referrals

Assistance with Accessing Entitlements

Advocacy

For Information call - 329-6939

Bi-lingual services also provided

SENIOR NUTRITION PROGRAM - 324-6711

IN HOME SERVICES - 329-9040

ADULT DAY CARE PROGRAM - 324-6449

TRANSPORTATION - 324-4443

RESIDENTIAL REPAIR PROGRAM - 329-6939

YOUTH PROGRAMS – 329-6939

**EMERGENCY ASSISTANCE FOR
EAST HAMPTON TOWN RESIDENTS**

With Special Needs – For Information call: 329-9040

**FREE COUNSELING and CAREGIVER
SERVICES FOR SENIORS**

For Information call – 329-6939

SENIOR WELLNESS PROGRAMS

Healing Circle & Better Balance with Tai Chi

For Information call – 324-6711

Thank you to our
presenters

Eric J. Bartky, MD

Robyn Berger-Gaston, LCSW

Elizabeth Breier, MA

Kristie Golden, PhD

Richard Lawless Th D

Tracy Puglisi

Theresa Roden

Jeff Steigman, Psy D

Ellen Tollefsen

ADDITIONAL CONTACTS TO REMEMBER:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____



This directory
provided
by the
Town of
Southampton
631-702-2423

